

# YOUNG ADULTS

## November 2019

### Focus: Boundaries

Nov 7th	<b>Planning Dinner @ Abby House</b>	Nov 14th	<b>Boardwalk Café in Abbotsford</b>
	Plan our December calendar. Come give us your ideas and suggestions for programs. Cook, eat and clean up together.  Leave Cheamview at 4:00pm Abby House start at 4:30pm		Pick one or multiple board games to try out, have fun learning a new game with your friends. This is a unique tabletop board game café.  Leave Cheamview at 4:00pm Abby House start at 4:30pm
Nov 21st	<b>Movie Night @Abby House</b>	Nov 28th	<b>Chilliwack Landing Rec and Leisure Centre</b>
	"Perks of being a Wallflower". A movie about a young man's struggle with his anxiety. Discuss and share your thoughts and feelings after the movie.  Leave Cheamview at 3:15pm Abby House start at 4:00pm Christine is off today, Jordan will run group		You can choose to swim in the wave pool, use the hot tub or sauna, or do them all.  Leave Abby House at 4:00pm Cheamview start at 4:30pm

**STAY IN TOUCH.** If you would like to be emailed the monthly calendar, please email Christine: [christinecruickshanks.ccs@gmail.com](mailto:christinecruickshanks.ccs@gmail.com)

Let's have some healthy fun with your peers in a non judgemental environment. Young Adults is for members of Creative Centre Society aged 19 to 30 and about bringing two communities together once a week on Thursdays from 4pm-8pm, Chilliwack & Abbotsford. We love meeting new people, hearing new stories and creating new friendships. We are the future. Join The Movement! Get a life!

If you have any questions please don't hesitate to call!  
Abby House at 604.850.1235, or  
Cheamview Clubhouse at 604.792.5287. You can also text the work cell phone at 604-300-6001